

# The EU project entitled „Our Cultural Heritage and Youth” implemented as part of Erasmus + program - School Education – Action KA229



The 2022/2023 school year is coming to an end - so it's time to sum up the project „Our cultural heritage and youth” aimed at students of Secondary School No II in Kępno.

The project was approved for implementation in August 2020, however, due to the situation related to the global pandemic, we started all activities in the 2021/22 school year.

It is cofinanced by the European Union, and all partner schools received a total of EUR 190,860.00 for its implementation. The project started on September 1, 2020 and ended on August 31, 2023. It was joined by 6 partner schools from Greece, Romania, Turkey, Portugal, Croatia and Poland. Secondary School No II in Kępno was the applicant for the project and its coordinator.

Work on the project was multi-stage. It was two years of hard but very fruitful work in each of the schools. Thanks to the involvement of students and teachers, many valuable materials have been created that can be successfully used as teaching aids. These are e.g. presentations, films, albums, artwork, and lots of photos. Undoubtedly, the biggest attraction of the project were foreign exchanges of school children and teaching staff. During these two years together, project participants had a unique opportunity not only to meet teachers and students from partner schools, but also to get acquainted with educational systems from different parts of Europe. They also saw the most beautiful corners of regions and cities where partner schools are located. Through direct and e-mail contacts with peers from other countries, students not only improved their language skills, but also made interesting acquaintances and even lasting friendships. Thanks to them, they had the opportunity to get to know the culture and lifestyle in the partner countries, exchange views, break down barriers and overthrow national stereotypes and prejudices.

Participation in the project allowed teachers to enrich their work by exchanging experiences, observing classes in foreign schools and learning about interesting forms of working with young people. For all participants of the project, it was certainly two years of extraordinary experiences and unforgettable impressions.

As a project coordinator, I am grateful to all people involved in the project, both from Poland and from partner countries, for their cooperation, help and kind words. I am convinced that the friendship that has formed between us will last for a long time. It is thanks to you that the project was carried out in a great atmosphere, which was felt already at the first meeting of the coordinators. I think that I can speak for all teachers and students and I will say that we have learned that knowing languages, getting to know new cultures, the world, is of great importance and value. We feel smarter, we know and understand more. And - what is the most beautiful of all - now we want even more! We are ready to experience the diversity of the world, leveling everything up to a high level, further exchange of wisdom, without regard to borders and barriers.

*Project coordinator,  
Ewa Kowalczyk-Mikołowska*

## Schools taking part in the Project

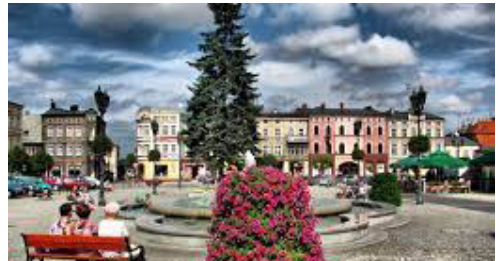
- Poland – Liceum Ogólnokształcące no II in Zespół Szkół Ponadpodstawowych no I in Kępno - Coordinating school
- Turkey - MUSTAFA KEMAL ATATÜRK MESLEKİ VE TEKNİK ANADOLU LİSESİ
- Portugal - Carlos Amarante School Group (AECA)
- Romania – Liceul Borșa
- Greece - 2nd Junior High School of Rethymno
- Croatia - Osnovna skola Pušća



## Presentation of partner towns

### Poland - Kępno

- A county town located on the Niesób River (commonly known as Samica) in the Wieruszów Upland. Kępno is the southernmost city in the Wielkopolskie Voivodeship, 170 km from Poznań and 63 km from Kalisz.
- Kępno is a city of many cultures, attracting with historical flavors, with traces of settlement from the Bronze Age. It is located at the junction of communication routes and boasts the largest - after Poznań - Wielkopolska market. Thanks to him, trade flourished here. The spatial layout of the city dates back to the Middle Ages. A visit to Kępno is a journey through time, a journey through three faiths, other cultures that coexisted and complemented each other, creating one efficiently functioning organism. This small town has incredible potential.





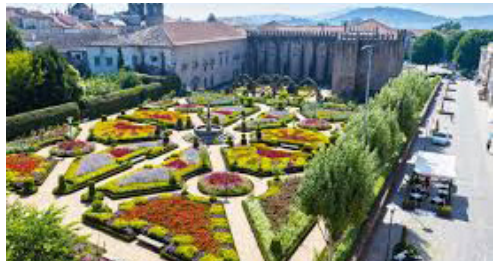
## Turkey – Eskişehir

- Eskişehir is one of the modern cities of the country with three universities and many art institutions. Almost 1 million people live in Eskişehir and it's located in Central Anatolia Region of Turkey. It is a city developed in arts and culture with its art institutions and facilities. The city has also the titles of the Turkish World Capital of Culture and the UNESCO Intangible Cultural Heritage Capital. On the other hand, according to the UN report Eskişehir is the second best livable city in Turkey. Eskişehir is also one of the leading cities in Turkey in terms of socio-economic development.
- Eskişehir has survived under different civilizations until today. However, Eskişehir is a touristic center that attracts attention with many historic and natural places to visit like Odunpazarı. Otherwise, there are a lot of historical places to visit in the city like mosques, castles and museums. The city is also famous for meerschaum. The region also has important reserves in terms of boron mine. If we look at the education perspective, Eskişehir has the one of the universities with the highest number of students of the country such as Anadolu University. The city looks like a student city.



## Portugal – Braga

- Braga is a city of huge beauty and heritage richness, which combines tradition with innovation, the memory to the youth, creativity to conservatism.
- With over 2000 years of a very rich history, possesses one of the oldest Sacro-Montes in Europe and is the representative of the Minho region, the Bom Jesus. In Braga, we can find the oldest Portuguese Cathedral and the Motherhouse of the Benedictines, the Monastery of Tibães (Mosteiro de Tibães).
- Braga presents places that by their intrinsic devotion and beauty, impose themselves as mandatory benchmarks to visit. The Sanctuary of Sameiro (Santuário do Sameiro), the Bom Jesus and the Falperra, settling on an appealing religious basis, are surrounded by ravishing green spaces and paradise landscapes.
- The Roman legacy is another of the attractive factors of Braga, often called 'Portuguese Rome', due to its origin in the Roman city of Bracara Augusta. Known by its distinct churches, splendid XVIII century houses, gardens, nature parks and recreational areas. Braga's long history is visible in the splendor of its monuments, museums and churches.
- Visiting Braga is like taking a time travel inside modernity. Old city and of traditional religiousness – always imposing on its richness and majesty – lives hand in hand with the entrepreneurship and young spirit in vital areas such as culture, commerce, gastronomy, industry and services.



## Romania – Borșa

- Borșa is a town in eastern Maramureș County, in the valley of the river Vișeu and near the Prislop Pass. Linking Transylvania to Bukovina, Prislop Pass is surrounded by the Rodna and Maramureș Mountains, both ranges of the Carpathians. The highest peak in the region is Pietrosul Rodnei — 2,303 meters.
- There is a health resort in the city, as well as a winter sports center, the total length of alpine skiing trails is nearly 6 km. The timber industry developed in the town. The Rodna Mountains National Park is also located near Borșa.





## Greece – Rethymno

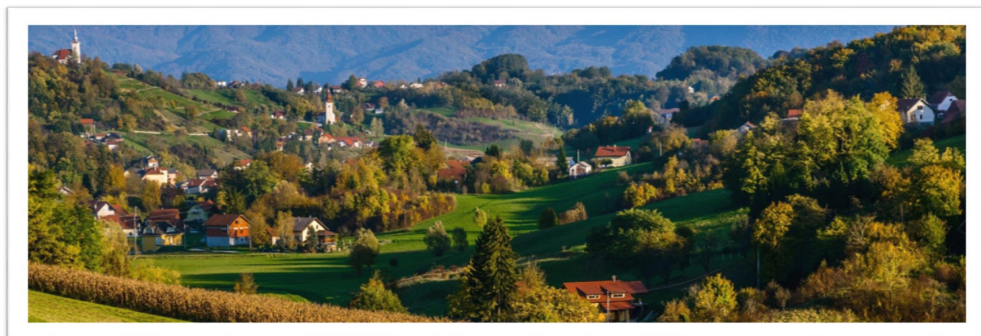
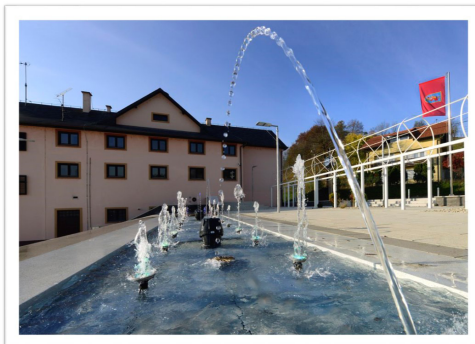
- Rethymno is a city in Greece on the island of Crete. It is the capital of Rethymno regional unit, and has a population of more than 30,000 inhabitants (near 40,000 for the municipal unit). Rethymno is a beautiful Cretan city, one of the largest on the entire island. The village is situated on a small cape along a coastline of 13 kilometers. A great variety of Rethymno are the small hills rising to the south, which add even more charm to the city's panorama.
- Rethymno was originally built during the Minoan civilization (ancient Rhithymna and Arsinoe). The city was prominent enough to mint its own coins and maintain urban growth. One of these coins is today depicted as the crest of the town: two dolphins in a circle.
- All of Crete has been occupied by various occupiers over the years, which is perfectly visible in the city's architecture. In Rethymno, typically European art is mixed with oriental art from the times of dominance on the island by the Ottoman Empire.





## Croatia – Donja Pušća

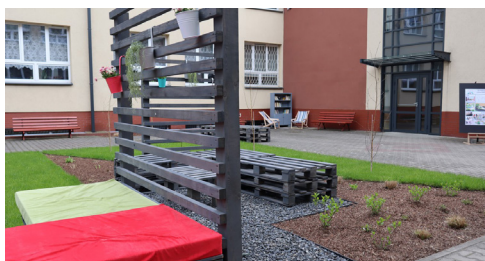
Pušća is a municipality in Zagreb County in Croatia. According to the 2011 census, 2,700 people live in Pušća, 97 percent of which are Croats. The municipality covers an area of 18.20 square kilometers and forms part of the Zaprešić metropolitan area.



# Presentation of schools

## Zespół Szkół Ponadpodstawowych no I in Kępno

- The applicant organization is Liceum Ogólnokształcące no II in Zespół Szkół Ponadpodstawowych no I in Kępno. Students educate in classes with the extended subjects: maths, English, It and Biology-chemistry. Apart from high school there are also technical classes where students educate in different directions - environment protection, IT, landscape architecture, car mechanics, economics, advertisement, gastronomy. There are about 950 students and 80 teachers.



# Turkey - MUSTAFA KEMAL ATATÜRK MESLEKİ VE TEKNİK ANADOLU LİSESİ

- Our school is a state high school.
- Our students receive four-year theoretical and practical training in the field of health care, midwife assistantship, nursing assistant and healthcare technician. Our school is a vocational and technical secondary school providing education to 622 students.
- Our students have the opportunity to have vocational higher education in their fields. Students are given theoretical and practical training within the school, and under the coordination of their teachers in public and private institutions.





## Portugal - Carlos Amarante School Group (AECA)

- It has about 3300 students and is composed of fourteen schools, from pre-school to secondary education, including adult education.
- Vocational courses, at the secondary level, are in the areas of Electronics, Metalworking, Computer Science, Design and Sports. These courses are certified by the Centre for Qualification and Vocational Education.
- The school has a long history of training for the local labour market and its genesis is marked by this experience.
- The other secondary courses are in the area of Sciences and Technologies, Arts, Economics and Languages.





## Romania – Liceul Borșa

- Borsa High School is an urban high school of regional interest, theoretical, technical and vocational at the same time. It has 1387 pupils aged between 10 and 19 and 67 teachers. It was founded in 1967 and it has the highest number of students in our county. In our high school there are two forms of education, middle high school and high school. In middle high school we have a class at each level: 5th, 6th, 7th and 8th. Curriculum in high school includes Theoretical programs, Services and Economic programs and Technical programs. The Theoretical programs include: Science („Mathematics and Computer Studies” and „Earth Studies”) and Humanities („Philology” and „Social Studies”). Services and Economic programs include „Economics” and „Tourism” and Technical programs include „Mechanics”. Vocational programs with a duration of three years offer two types of qualification: „Mechanic” and „Waiter/Cook/Seller in food units”.



## Greece - 2nd Junior High School of Rethymno

- Our school is located in Rethymno on the north coast of Crete and it was founded in 1983. It is the largest Secondary School of the Prefecture and approximately accommodates 450 students - aged 13 to 15 years old - of the three grades in eighteen medium sized classes. Our faculty consists of 25 permanent teachers and about 15 seasonal. Special classes are held for pupils with special needs. Furthermore, remedial teaching classes are held too. We take pride in our welcoming environment and in the sense of community engendered by a spirit of cooperation among staff, students, and parents.



# Croatia - Osnovna Skola Pušća

- OŠ Pušća (Primary School Pušća) is a state school situated in Donja Pušća, a village near Zagreb, the capital of Croatia. It's a primary public school for pupils 6 to 15 years old. All together we have 329 students and 52 teachers. It is one of the oldest schools in western part of Zagreb County. It was found in 1848.



## The aims of the Project

- To improve knowledge of and competence in the use of digital tools for educational purposes.
- To improve foreign language skills (English).
- To improve social skills and the condivision of common citizenship values.
- To draw students' attention into tolerance, cultural differences and respecting different opinions.
- To emphasize the importance of cultural heritage as an indispensable element in ourlives.
- To enable students to interact with students from different cultures, traditions and backgrounds.
- To integrate a foreign language with the concepts of European citizenship and multiculturalism.



## Project activities

### Transnational meeting in Kępno

As part of the project, the first coordinators' meeting was already held in Kępno on October 11-13, 2021. The meeting was an excellent opportunity for the participants of the project to directly exchange ideas and discuss the project implementation strategy. The result of the work during the meeting was also the agreement of a number of details related to project management, such as a detailed project implementation schedule and the rules for submitting periodic financial reports. The coordinators also had the opportunity to meet the project participants and the school management. As part of our free time, we showed our guests around Kępno and took them to Wrocław. Despite the rainy weather, the city made a positive impression on our new friends. The meeting was the beginning of amazing adventures, which have left many nice memories in our minds.



# Time of Mobilities

- CROATIA - 06-10.12.2021



- TURKEY - 28.03-01.04.2022



- GREECE - 09-13.05.2022



- POLAND – 17-21.10.2022



- ROMANIA – 16-20.01.2023



- PORTUGAL – 27-31.03.2023





# Mobility in Croatia – The journey through our history 06-10.12.2021

- A visit to the municipality and a tour of the cultural heritage of the place.
- A lecture on archeology held by Ph. D. Janja Mavrović Mokos.
- Workshops on the subject of archeological excavation and workshops related to the historic site of Sveti Križ.
- A visit to KRANEAMUS KRAPINA NEANDERTHAL MUSEUM.
- A tour of the Trakošćan castle whose cultural heritage is protected as a historical entity.
- A trip to the capital of Croatia Zagreb.
- A tour of the historical and cultural heritage of our town of Zaprešić.
- A visit to the Lužnica castle from the later Baroque period.
- An International Dinner to present traditional souvenirs, specialties and delicacies of all countries included in this project.
- A traditional dance workshop where guests could get to know traditional costumes, see traditional dances and be able to participate in the dance themselves. Students from other countries also presented national dances and costumes.

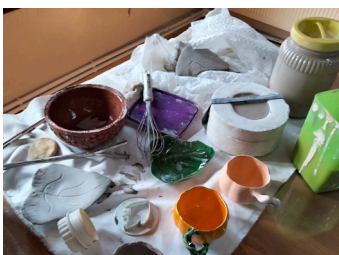




# Mobility in Turkey – Turkish Culture

## 28.03-01.04.2022

- Presentation of traditional clothes and dances of all participating countries.
- Tasting of traditional Turkish food.
- The panoramic city tour for cultural purposes (Şelale P, DedeKorkut P., Sazova Science Art and Culture, Historical O.H., Modern M, Glass Art M, Vax M, Atlihan Handcraft Bazaar, MeershaumM, Anatolian CulturalCenter).
- Welcome dinner held at the venue which reflected Turkish cultural heritage.
- Presentations of traditional food of all participating countries.
- A tour to Sazova Science, Culture and Art Park Turkey's world fairy talepark.
- A trip to Cappadocia famous for its multi-shaped tufa rocks that create its unique landscape - a Balloon tour, a visit to, Pasabaglari Museum and Ruins, Open Air Goreme Museum and Kaymakli Underground City, attending Turkish night, a visit to Guvercinlik Valley, Love Valley, Ihlara Valley and Saltlake.



# Mobility in Greece - Greek Heritage

## 09-13.05.2022

- Presentations of traditional music and musical instruments.
- A short walk around city and Cretan traditional dances workshop.
- A guided tour to KNOSSOS PALACE in Heraklion, the first European advanced civilization and a visit to the archeological museum of Heraklion.
- „Treasure hunting” - an interactive game in the old town of Rethymno, a visit to the Fortezza Venetian castle, old monuments, old streets and homes.
- Workshop on making a traditional doll.
- The trip to Margarites village where we had a clay workshop. We also visited the Archeological Museum of Eleftherna and Arkadi Monaster.





# Mobility in Poland - Polish cultural heritage week – 17-21.10.22

- Presentations about national holidays in each country.
- Students and teachers took part in the walking tour around Kępno (town hall, market square, the synagogue, the catholic and evangelic churches, the local museum).
- A meeting with the County Executive and the Mayor of Kępno - the local authorities
- A trip to Wrocław - The cathedral, Ostrów Tumski, The University of Wrocław, The Church of St. Elizabeth, the Old Town.
- Two workshops - the first one connected with making national emblems that were put on the school exhibition, During the second one – students were learning to dance krakowiak – the Polish national dance.
- A meeting with parents, school management and local authorities and media - presenting already done activities, tasting, traditional Polish food, dancing Polish rhythms.
- A whole day trip to Cracow and Auschwitz. In Cracow they saw the Old Town, Sukiennice, Wawel, Smok Wawelski, Barbakan, Mariacki Church, In Auschwitz they could experience the Bad Times of II World War.
- Two workshops - the first one connected with cooking national dishes, the second one - with drawing national monuments.
- A trip to Sanctuary of St. Mary in Półko which is inscribed on the UNESCO heritage list.
- We had a Bonfire with Polish sausages, pumpkin soup together with singing and dancing.
- We also attended the local radio interview and the students questioned local people about the cultural heritage of participating countries.





# Mobility in Romania - „Romanian Cultural Heritage Week” – 16-20.01.2023

- A presentation of Romanian and other countries cultural heritage, with traditions concerning the most important moments of people's life: birth, marriage and death.
- A presentation of the results of the survey done InPoland.
- A visit to the local area.
- A trip to Sighetu Martmatiei – the village museum, the museum of ethnography, the memorial of the victims of communism and of the resistance, the cemetery of Sapanta, Peri monastery.
- Workshop on Icons on Glass – each student painted an icon on Glass - the Works were displayed In a mini exhibition In the high school hall. Meeting of the international Project groups with parents, school management, members of the local community. Artistic moment with Cercanelul Ensemble on the Theme of Winter customs and traditions.
- The Trip to Baia Mare – Barsana Monastery, the Museum of Mineralogy, The Museum of Ethnography.
- Workshop on making bookmarks - students used fabric, threads, needles in order to sew traditional Romanian patterns.
- Farewell ceremony and attendance papers ceremony, followed by project evaluation meeting.



# Mobility in Portugal – „Seven wonders of Braga” – 27-31.03.2023

- Welcome session at the city hall.
- Presentation of the UNESCO Cultural Heritage sites and visiting the school.
- Guided visit to the 7 wonders of baroque In Braga, orienteering competition through the historical center of Braga.
- Presentation of traditional dance and customs from all the partners.
- A visit to Porto.
- A visit to Bom Jesus Sanctuary.
- A visit to Costumes Museum.
- Embroidery workshop, the show of the „cavaquinho” and traditional dancing.
- The visit to The Raio Palace.
- Teams' football game.
- Teachers' evaluation meeting.
- Farewell party.



## Teachers' impressions:

- Gosia: „Staying in Greece and Portugal was a great time spent with people of different cultures and nationalities. I am glad that by participating in the project I was able to visit places I had not been to before and learnt about some of the history and culture of these countries”.
- Ania: „When I was invited to participate in Erasmus, I wasn't sure if it was a good idea. Especially due to the fact that my English is not very advanced. I soon found out that it wasn't a hindrance at all. While participating in the project, I met interesting people. I tasted regional cuisine. I got to know the culture and customs of the host countries. I saw interesting places and monuments. It was the greatest adventure of my life. I am grateful to Ewa and Grzegorz for the opportunity to be part of this wonderful group implementing the project. Thank you and I recommend myself for the future ;-) I recommend to everyone! I assess the implementation of the project in terms of organisation, logistics, technology and content, especially mobility in Poland, at a very high level. It was influenced by the huge amount of work and the incredible commitment of the authors (Ewa and Grzegorz) of the project”.
- Marta: „Participation in the Erasmus + project and a trip to Croatia with young people allowed me to work with young people from different countries. Cooperation with teachers and joint workshops enriched my workshop and allowed me to share knowledge and exchange experiences. In addition, during the trip I had the opportunity to get to know the culture and customs of people from the countries participating in the project. The trip also gave me a chance to see beautiful places, cultural heritage of Croatia. Thanks to the participation in the project, I met many wonderful, interesting people with whom I could share this precious time and learn a lot from them”.
- Krysia: „Participation in the project left positive emotions and amazing impressions of friendship, cooperation and good relations, which is what is needed in today's education. Developing contacts with other schools and getting to know other cultures undoubtedly enriches everyone. The acquired knowledge and experience will certainly be used in classes and will contribute to an even better level of teaching at our school. In the contemporary, dynamically changing reality, the acquired experience and contacts with other cultures will bring immeasurable benefits”.
- Marcel: „Looking back, I am more than sure that this project was one of a kind. No matter how hard you try, you can never find a greater team and my thanks go to all wonderful people involved in „Our Cultural Heritage and Youth”. It was the proof of what nowadays Europe means: diversity, hidden traditions, hope of a better future and, above all, friendship”.
- Maria: „This project made us feel as if we're with family. Everyone made their best to give us a part of themselves. It was awesome and we won't ever forget you”.
- Kinga: „Participation in the Erasmus plus program was a new and very interesting experience for me. Staying with our friends in Croatia brought me closer to their traditions and customs and gave me the opportunity to meet new people and selected places. I have very fond memories of the time spent in Dojna Pušća, I was surprised



by the hospitality of the Croatians, good organization and their cordiality. And participation in the program with people from different countries was a strong stimulus for me to continue learning the English language”.

- Ewa: „Participating in this project is an amazing experience. I must admit that for me - as the project coordinator - it was a huge challenge. The hexagonal partnership requires commitment without a moment of rest. However, I must admit that it was the project that gave me the strength to act. The people I have met supported me at every step, I could always count on them and that's why I would like to thank them a lot. I hope that I will speak for all the participants and say that the atmosphere of friendship and mutual support was felt already at the coordinators' meeting. I hope that by the end of the project, our friendship will flourish even more and we will stay in touch for a long time”.
- Pavlos: „I feel so happy and blessed to have taken part in this ERASMUS PROJECT. I had the chance to visit many countries, learn about their culture and history, and the most important thing is that I made many new and good friends! Also it was a great benefit for our students that took part in this project. It was really an unforgettable experience for them!”.
- Ilkay: „It was great for me to be on this project. We were a great team. I made very good friends. It allowed me to continue my Erasmus projects. Our project coordinator is great. I have had wonderful memories”.
- Marijana: „By participating in this project, I became aware of the importance of continuous professional development. Also, through various project activities, I realized the importance of encouraging students' creative expression and the importance of using different teaching methods that make students active participants in the teaching process. The project activities were diverse and interesting and helped me to improve my English, but also to develop my creativity. I also learned something new about the partner countries, about their cultural and historical heritage. I like to travel, so I am happy that because of the project I had the opportunity to visit partner countries and meet the project participants. Erasmus projects open many doors to students and teachers, but it is up to us to seize the opportunity as best we can. Many thanks to all project partners for the interesting activities, teaching methods and digital tools they presented but also for the pleasant communication, mutual support and beautiful memories that we all have”.
- Aleksandra: „I am very happy to participated in the project. I am so glad to have had the opportunity to meet wonderful people from whom I learned a lot. I enjoyed all the activities, and I especially want to thank the students who showed great knowledge and big heart. With this project, we expanded our horizons, established our knowledge and created memories that we will carry in our hearts for the rest of our lives. Thank you all!”
- Ana: „This experience exceeded my expectations because it was really satisfying. All the project participants are extremely kind and we were all very supportive of each other during the entire project. All members were like one big family. It was a great pleasure to be part of that family. Also, it was very satisfying to work with students and young people from schools participating in the project. Thanks to the mobilities I was

on, I also got to know the culture and lifestyle better, and I improved my knowledge of the English language. I would recommend Erasmus+ to everyone because it enriches the experience both professionally and privately. I wish everyone good luck and success in your future work!”

- Claudia: „The Erasmus experience was truly life-changing. It opened doors to new cultures, perspectives, and friendships. It gave me the opportunity to explore new cities and countries, discovering their history, traditions, and way of life. It was a chance to navigate unfamiliar streets, try local cuisine, and create unforgettable memories along the way. But what truly set the whole experience apart was the people I met. Thank you all!”

- Ligia: „The Erasmus project was a great experience and the most important things are that we bridged different cultures, we opened minds and we also built unbreakable friendships. I am very grateful for all the moments we lived together and I am proud to have been part of this amazing journey. Lots of hugs and I can't wait to see you again!”

- Chrysoula: „For me it was a revelation! I never expected to get so close to people in such a short time, to make real friends, to share happy and touching moments, to feel at home so far away from home...

I need to thank you for giving me this opportunity! I keep you and most of our team close to my heart. You made me love your countries, your people, your students! I cherish every moment, I still laugh or cry when I look at photos or remember... I know we'll meet again and I look forward to it. Take care”.

- Rena: „My experience was unique and I'll remember it forever! I felt like entering a family, even at the first meeting, when you and Greg opened your house and your hearts to us. This made me see the pure feelings and the nobleness of the people hosting us. During the programme the Polish team have been particularly friendly and helped with cooperation and communication. We really love you and you are always welcome! We'd love to work with you again on another project!”

- Gabriela: „Going on Erasmus projects is a very enriching experience, from many points of view. Students get to know other cultures, traditions and customs and they learn to appreciate their own because culture and history define us as people. Personally, I can say that it was a great project, an awesome international team, very special teachers and students and a unique opportunity to become a better self, supported by worthy people! Together, we lived a wonderful intercultural experience in this project. Now, we are richer in friends and priceless memories! Hopefully we'll meet again! Take care of you, dear friends!”

## **Students' impressions: Impressions of Croatian Students:**

- “This was the first project that I took part in and it was such an incredible experience. I loved every single part of it. All the tasks were fun and educational, which was the point of this project. We worked on our reading and writing skills, met new friends, got better at presenting our work to others and a lot more. We learned new facts about each country and expanded our knowledge. Everything we did was super interesting and all I can say is that I’m extremely happy that I took part in this amazing project”
- “ I really liked the project. I liked that I met new friends and learned something new. All the participants were very friendly and kind. I would like to repeat that experience”
- “ I liked the project very much and all the activities that we did. What impressed me the most was the mobility I took part in because it was the first time I traveled outside my home country. The entire visit to Poland was an unforgettable adventure. The trip, the stay, the people, and of course the goodbye. It truly left an impression on me, and I cannot describe it with ordinary words. You truly have to experience it yourself to know what I mean”.
- “ I think it was a very fun experience and I really liked it. I learned many things about other countries and I even made some new friends from other countries. It was very fun and great experience and I really liked it. My host family was wonderful and I felt like I was at home”.
- “My feelings about the project are perfect. As a member of the project, I enjoyed every minute I attended. The whole project was well organized, educational and fun”
- “In my opinion this project was amazing because I was learning about other countries and their cultures but also I became friend with many project partners. I learned new facts and talked to new people. All in all, I had a lot of fun”.
- “ I think Erasmus is a new and beautiful experience for students. I learned something about other countries’ cultures and made new friends. It was great to participate”.

## **Impressions of Greek Students:**

- „I am so happy and grateful that i had the chance to visit another country through Erasmus Project. I saw beautiful places, learned about different cultures and traditions, and made new friends. I will never forget this wonderful experience! Thank you Erasmus!”
- „I feel so good and happy that i was part of the Erasmus Project. I visited so many beautiful and interesting places in Poland. I made new friends from All around Europe that we are still in touch. I want to participate again in another Erasmus Project!”.



## Impressions of Portuguese Students:

- „Erasmus was definitely a one of a kind experience. It was amazing to experience the world through other cultures' eyes. I made great friends during Erasmus and in summary I think it was a great experience”.
- “A positively marking experience, one I'll Carryforever”.
- „The erasmus + project enabled me to meet so many different people from a lot of different backgrounds, and I've learned from them and befriended them, and I hope to keep in touch with them for the rest of my life. Other than that, it also allowed me to get to know a different country, Greece, that I had never been to before. Greece, specifically the island of Crete, is an extraordinary place, full of history, culture, and beautiful landscapes. I'll be forever grateful to the Erasmus + project for giving me this opportunity”.
- „Everyone falls in love with Erasmus in a different way, but I promise that no matter what, you will leave a piece of your heart in those moments”.
- „I am very lucky to have had the opportunity to participate in the Erasmus project. It was an unforgettable week that we spent in a new country, in a new culture and it allowed us to make friends and experience things and meet places that we couldn't have imagined about. I'm very pleased to have made this cultural exchange, which made me grow as a person as well as a student”.
- „The moments i lived during my Erasmus project in Greece were truly special and i will remember them Forever”.
- Last year I had the opportunity to understand what Erasmus really is. I spent a week in Turkey and i must say that being a part of this project was the best decision of my life. During my time in Turkey I met people with different nationalities, I was introduced to a different country and their culture and, most of all, I made friends.
- „I returned to Portugal with a thigh heart and a new version of myself. That's because Erasmus is mostly about it. It changes us as human beings and gives us something that no one could. Being a part of this project was an amazing journey that I would repeat without thinking twice. Throughout my Erasmus experience I was truly happy!”.
- „My experience in the Erasmus+ project in Turkey was a huge apprenticeship.
- From the beginning to the end, this experience was an incredible opportunity for students like me to broaden our vision of the world, meet new people, and flourish our curiosity for other cultures”.
- „Brightness, happiness and peace. I think that these are the three words that better describe the ERASMUS+ experience. I mean, I'm sure that there are so many other words that could also describe it, but for me, living this experience was like finding the best treasure in the world.
- I never thought I would actually say this out loud, but the truth is that this project really helped me; it helped me find my passions, but most importantly, it helped find myself. In here, I learned so much. I discovered new cultures, new habits, new words in all the different and enriching experience, where I could make new friends,

- practice my English, meet other people, and tell others a little about the customs of my country. After the project was over I came to the conclusion that it was a unique and unforgettable adventure that I will never forget. I am very grateful to the school and the teachers who organized the project for allowing me to participate in this great adventure, which will remain forever as a beautiful memory”.
- „ERASMUS was something I wanted to experience for so long and have the opportunity to do it was the best thing ever. I had so much fun during that week. Meeting a new country, culture and make new friends was incredible. I couldn't ask for a better experience and is definitely something everybody should live at least once in their life”.

## **Impressions of Romanian Students:**

- „For me, this Erasmus project was one of the greatest experiences of my life. I met a lot of people and I managed to build strong friendships. I hope that I will participate soon in another project”.
- „I found this Erasmus project to be highly interesting. The activities were very captivating and fascinating and I'm genuinely amazed. It far exceeded my expectations. As a consequence, I can't wait to participate in a new project, discover diverse cultures and engage with people from whom I can learn, just as I did in my previous experience”.
- „This Erasmus project was one of the most beautiful experiences of my life. I met extraordinary people from whom I had something to learn and made unforgettable friends. The program and activities were very interesting and well organized. I look forward to seeing you again and participating in a new project”.
- „This project was a wonderful and at the same time unique experience. I made friends and got to know the culture and traditions of the respective countries involved. I hope to participate in future Project”.

## **Impressions of Turkish Students:**

- „I had never even been out of my city before. But with our project, I got on a plane for the first time. I went to a foreign country. It was like a dream”.
- „It was incredibly beautiful. I always want to be in Erasmus projects. I will make every effort I can”.
- „I went abroad for the first time in my life. I have friends from foreign countries. My English has improved. It was amazing for me”.

## **Impressions of Polish Students:**

- „The most important thing for me was that I could meet new people, visit other countries and learn something about their culture”.
- „Participation in the Erasmus + project is an investment in the development of young people, so useful nowadays”.
- “ I think it’s a great project and a great opportunity to meet new people from other countries. it is a great place to gain new experiences”.
- “The Erasmus+ project gave me courage, opened my mind and allowed me to meet new people and make friends with them. It was a great experience”.
- „Erasmus gave me new friends from different countries and improved my English skills”.



